

# Tips for Supporting Grieving Children

from the Dougy Center: the National Center for Grieving Children & Families

After a death, one of the first questions a parent will ask is this: "How and when do I tell my children?"

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THE DOUGY CENTER'S GRIEVING CURRICULUM

The Dougy Center provides support in a safe place where children, teens, young adults, and their families grieving a death can share their experiences.

### *DCB*

The Dougy Center has been helping children, teens, young adults and their parents cope with death since 1982. Our practical, easy-to-use materials are based on what we have learned from more than 30,000 Dougy Center participants over the past three decades. To order online, visit

[www.dougy.org](http://www.dougy.org) or call 503.775.5683.



The Dougy Center

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