

Choose Your Words Carefully

A Lesson Plan from Rights, Respect, Responsibility: A K-12 Curriculum

Fostering responsibility by respecting young rights to honest sexuality education.

TARGET GRADE: Grade 8

TIME: 50 Minutes

MATERIALS NEEDED:

Large strips of newsprint statements, prepared as indicated

Masking tape

Your activity statements, prepared as indicated

Envelopes for Your

prepared as indicated (there should be one envelope per every two students)

Homework: one per student

Guide for Homework one copy

White board and markers

ADVANCE PREPARATION FOR LESSON:

On a sheet of newsprint, write the following statements in large letters:

Hey, can I talk with you about something?

I go to your game, sorry.

talk later.

Cut the newsprint so that each statement is an individual strip, at least three inches high each.

statements for half the number of students in your class. Cut each copy into individual strips and place the strips into an envelope so that each envelope has an entire set of strips in it. You should have envelopes for half the class. Label half of the

LEARNING OBJECTIVES:

By the end of this lesson, students will be able to:

1. Identify at least two characteristics of healthy communication in a relationship. [Knowledge]
2. Apply their understanding of healthy communication to a scenario between two people who are discussing technology use within a relationship. [Knowledge, Skill]

A NOTE ABOUT LANGUAGE:

about our language throughout this curriculum. You may notice language throughout the curriculum that seems less familiar - using the pronoun instead of or using gender neutral names in scenarios and role-girl or woman. This is intended to make the curriculum inclusive of all genders and gender identities. You will need to determine for yourself how much and how often you can do this in your own school and classroom, and should make adjustments accordingly.

PROCEDURE:

STEP 1: Ask, anyone ever had to talk with someone about something really important but you sure how to do

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Acknowledge the raised hands and ask, _____ specifically can make it challenging to talk

You _____ want to hurt their feelings
_____ not sure whether you should talk with them about it

You _____ want to make them mad

You just _____ want to deal and hope that ignoring it will make it go away

You like them as more than a friend and _____ worried if you talk about something

that come up. If a friend always teases you and you really hate when he does that _____ but you never tell him that you hate it

The big question, of course, is how do you talk with someone about something
(6 minutes)

STEP 2 _____

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their answers beneath it. If not included by the students, be sure to share the following:

However you communicate whether verbally or via text is important to

Technology is a big part of all relationships today. Talking up front about what you do and want, and what you do and expect around privacy and the other things we discussed in class is really important.

Distribute and go over the homework assignment. (12 minutes)

RECOMMENDED ASSESSMENT OF LEARNING OBJECTIVES AT CONCLUSION OF LESSON:

The in-class activity is designed to achieve both learning objectives, while the homework assignment will reinforce the learning to ensure the objectives are met.

HOMEWORK:

video clip and worksheet students are to watch this brief, online video, respond to questions in the worksheet provided and bring their sheets to the next class session.

Note: This lesson was inspired by Sexual from Filling the Gaps http://www.siecus.org/_data/global/images/filling_the_gaps.pdf.

I really like you.

I really like being with you.

so couple.

I really like it when you post photos of us.

I want you to post photos of us seen them and said ok.

ok, but no Instagram posts.

Why you ever post pictures of us?

Can I talk to you about something?

us.

Yes.

Yes.

Yes.

Okay.

I want you to send me a sexy picture of you.

not comfortable doing that.

No.

No.

No.

Sure.

I feel like talking right now.

Why are you pushing me?

Me, too.

I really like that people know together.

I feel really close to you.

You can trust me.

Everyone does this.

really serious.

I want you to check my phone without my saying okay.

We should trust each other.

I care if you check my phone.

I have nothing to hide, but you need to trust me.

What are you hiding?

I like it when you keep texting me and asking where I am.

I like it when I text you and you respond.

When you only text one word to me you sound mad.

texting.

only post photos

Instagram.

Snapchat.

Other social media if we both agree.

If one of us posts a photo and the

down.

Homework: iRelationship

Name: _____ Date: _____

Instructions: Watch the video, _____ which you can find online at <https://vimeo.com/22365117> and then answer the following questions about it.

1. Things seemed to be off to a good start between James and Jessica. What changed and why?

2. What was the main thing James was confused about?

3. What was the main thing Jessica was confused about?

4. What was different about Jessica and _____ encounter on the bus?

5. What could make James and _____ situation better?

Guide

Homework: iRelationship

The following offers some possible responses to the open-ended questions connected to the homework video. Student responses that recognize